

Access Community Health Centers Behavioral Health Fellowship Program

Specialty Experiences Available

Consulting Psychiatry

Fellows will have the opportunity to be involved with the consulting psychiatry service that is included with the Behavioral Health Consultation team. The consulting psychiatrist sees patients in the same way as the BHC team overall, seeing patients generally one time to provide diagnostic clarification and step-wise medication recommendations that are then carried out by the primary care provider. The BHC team manages the flow of consults to the consulting psychiatrist, which is one task that fellows are actively involved in during the training year. Working with the consulting psychiatrist is an excellent opportunity to increase psychotropic medication knowledge.

Health Promotions Clinic

The Health Promotions Clinic is embedded within the Access Wingra family medicine clinic, and is focused on treatment of substance abuse within the primary care setting. It functions in many ways as a specialty clinic within primary care, managed by BHC staff in collaboration with an addiction medicine physician. Fellows will have the opportunity to work within this clinic as well, gaining experience in the management of substance abuse issues.

Care Management

The Care Management program is managed by BHC staff and functions as a way to keep track of patients over time. Identified patient populations are tracked over time and reviewed on a quarterly basis. This includes patients with symptoms of depression, ADHD, and all pediatric patients seen by our team in the previous quarter. Patient charts are reviewed, and follow up calls placed. This program assists in maintaining contact with patients over time and prevents patients becoming lost to follow up.

Student Training

We are excited to have post-doctoral fellows involved at all levels of our program. After an initial period of intensive training on the consultant model, associated assessment and intervention skills, and crisis management procedures, students will be placed in a clinic where they will operate with much autonomy. However, supervision will always be readily available from BHC staff and primary care providers (PCPs). Additional training throughout the year will include relevant behavior change theories, such as cognitive-behavioral, motivational interviewing, and ACT approaches. This training may also be individualized based on the interests of the intern and clinic needs.

Supervision

We follow the preceptorship model of supervision, providing supervision daily, as supervisors are generally present for most clinics. The training year begins with a period of shadowing of BHC staff to learn about our model and the logistics of the practice. We work with each fellow to develop a plan that fits their developmental level. Once fellows begin to see patients on their own, supervisors often engage in reverse shadowing to provide additional feedback for enhanced learning. Fellows are expected to debrief with their supervisor of the day for each patient seen. This allows for opportunities to discuss cases in real time, and we have found that this accelerates the learning curve for fellows. We have a feedback rich environment and our goal is to assist fellows into becoming effective, independent psychologists by the end of the training year.

Research/Program Development

Post-doctoral fellows are asked to work on either a research project or program development project during their year at Access. Past examples include writing the description of Primary Care Behavioral Health on Wikipedia, co-authoring a research article, developing clinic protocols for BHC involvement in well child visits and development of educational materials for use within the BHC team on psychotropic medications.

Evaluation

Fellows are evaluated on a quarterly basis, using feedback from all supervisors. Students also complete self-evaluations to assist in identifying areas of strength and areas of growth.

Sample Schedule

	Monday (William T. Evjue Clinic)	Tuesday (Joyce & Marshall Erdman Clinic)	Wednesday (William T. Evjue Clinic)	Thursday (Joyce & Marshall Erdman Clinic)	Friday (William T. Evjue Clinic)
9am	Behavioral Health Consults and Follow-ups	Behavioral Health Consults and Follow-ups	Behavioral Health Consults and Follow-ups	Administrative Time	Behavioral Health Consults and Follow-ups
10am					
11am					
12pm	Lunch	Lunch	Care Team Meeting/Lun ch	Lunch	Lunch
1pm	Behavioral Health Consults and Follow-ups	Lead meeting with Consulting Psychiatry	Behavioral Health Consults and Follow-ups	Behavioral Health Consults and Follow-ups	Behavioral Health Consults and Follow-ups
2pm		Behavioral Health Consults and Follow-ups			
3pm					
4pm					